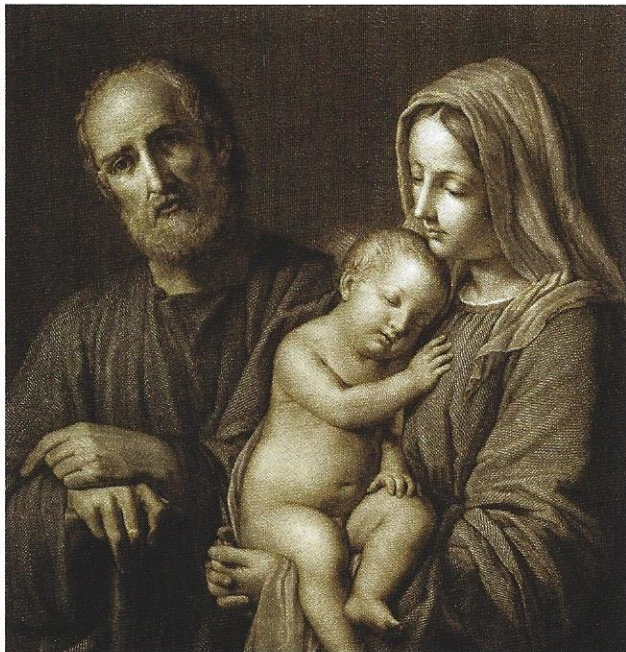


# Consecration to the Holy Family

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## How to Prepare

In preparation for a Consecration to the Holy Family, your family should not only decide to dedicate itself to the Holy Family's intercession but also acknowledge that the family is sacred.

The decision to consecrate your family needs to be intentional and a process through which you completely surrender to God through the Holy Family. You are accepting the truth that salvation history was changed forever by a family, and that through your domestic church, you are called to live their example.

## Four suggested steps *before* praying the Consecration to the Holy Family:

- 1** Discuss the importance of this consecration as a family and why you are doing it.
- 2** Each member of your family is strongly encouraged to go to the sacrament of reconciliation.
- 3** As a family, intentionally choose something to fast from. The fast can be for at least a week. As our physical bodies are drawn to things of the world, it is strongly encouraged that you fast from something that you would normally do or consume. Fasting helps to discipline our minds and hearts to refrain from secular activities and be more focused on God.
- 4** Prepare for the commitment you are making. Consecration to the Holy Family is not a single event. You have chosen a way of life for your family. You and your family are consciously choosing to be a beacon of light of God's love through his Church.

O Lord Jesus,  
you lived in the home of Mary and Joseph in Nazareth.  
There you grew in age, wisdom and grace  
as you prepared to fulfill your mission  
as our Redeemer.

***We entrust our family to you.***

O Blessed Mary,  
you are the Mother of our Savior.  
At Nazareth you cared for Jesus  
and nurtured him in the peace and joy of your home.

***We entrust our family to you.***

O Saint Joseph,  
you provided a secure and loving home for Jesus and Mary,  
and gave us a model of fatherhood  
while showing us the dignity of work.

***We entrust our family to you.***

Holy Family,  
we consecrate ourselves and our family to you.

May we be completely united  
in a love that is lasting, faithful  
and open to the gift of new life.

Help us to grow in virtue,  
to forgive one another from our hearts,  
and to live in peace all our days.

Keep us strong in faith, persevering in prayer,  
diligent in our work, and generous toward those in need.

May our home, O Holy Family,  
truly become a domestic church  
where we reflect your example in our daily life. Amen.

***Jesus, Mary and Joseph, pray for us!***

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Building the Domestic Church



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